



Christian
DISC®

Group Study Outline

You can use this outline to utilize and learn the Christian DISC® Assessment with your small group or Bible study. Have everyone take the assessment before the meeting and ask them to bring their results. At the first session, read over the scripture and questions below, then answer the questions as a group.

Session 1: Group Study

Read Romans 12:1-10 then answer the following questions as a complete group. You can use the spaces below to write your answers.

1. What does it mean to be a living sacrifice? (verse 1)
2. What are some ways that we are tempted to conform to the pattern of this world? (verse 2)
3. What are practical ways we can renew our minds? (verse 2)
4. What does it mean to view yourself with sober judgment? (verse 3)
5. What can happen if different parts of the body act in ways that are contrary to their function? (verses 3-5)
6. What does it mean to belong to one another? (verse 5)

7. What are the spiritual gifts that Paul outlines in this passage? Who are people you know who exhibit some of these gifts? (verses 6-8)
8. How can love be insincere? (verse 9)

Ask everyone to split into four smaller groups based on their results. There should be a group for Dominant types, one for Influencing types, one for Steady types, and one for Compliant types. Have everyone in the group read over their corresponding report and comment on what they identify with. Inform each group that they will be presenting their answers to the questions below over the next several sessions.

1. What were some of the strengths of your temperament? How did they relate to the spiritual gifts mentioned in Romans 12:6-8?
2. What were some of the character growth areas of your temperament?
3. Chose one of the biblical figures. Read over the corresponding scripture. How does this biblical figure exemplify the strengths and growth areas of your type?
4. What are specific ways those with your temperament can bless others?
5. Did anything surprise you about your personality profile?
6. What are some tips you would give to everyone else about how to best relate to your personality type?

Session 2-5: Type Presentations

Have each group present their personality type over the course of the next four sessions together. Start with the Dominant type (not only because they are the first letter in DISC, but because this type is the most likely of the four types willing to take initiative). Each group will read over their report, then share their answers from the questions above. Encourage discussion and have the group answer any additional questions from the rest of the participants about their type.